

October 21, 2016

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## HR News

### Open Enrollment & Benefits Fair

**Open Enrollment is here for the 2017 plan year!!!**

*Open Enrollment ends promptly on **Friday, November 4<sup>th</sup>, 2016, at 6 p.m. Eastern time.***

You can make changes to your benefits online in [People First](#). If you are eligible for benefits through the State Group Insurance Program, this is your once-a-year window to change your benefits outside of [qualifying life events](#). For more information, please click [here](#). If you have questions about this process, please call the People First Service Center at 1-866-663-4735.

The annual Benefits Fair will be held at MMC on **Thursday, October 27<sup>th</sup>, 2016** in the GC Ballroom and at BBC on **Tuesday, November 1<sup>st</sup>, 2016** in WUC rooms 155 & 157. Benefits enrollment sessions are currently in progress throughout the open enrollment period. Follow the [link](#) to learn more.

### Scholarships



**GENERATIONS AHEAD SCHOLARSHIP NOW ACCEPTING APPLICATIONS!** The Division of Human Resources is pleased to inform you of our "Generations Ahead" Scholarship Program – generously sponsored by the Gabor Agency, Inc. – to be awarded for the 2017 Spring Semester. Scholarship opportunities are available for **dependent children of FIU's benefits-eligible faculty and staff** as well as **full-time faculty and staff also enrolled as full time students at FIU.**

Please click on the appropriate eligibility criteria below to compete for the Generations Ahead Scholarship Award:

- **Dependent Students** of benefits eligible faculty and staff wishing to compete for the Generations Ahead Scholarships. [Online application.](#)
- **Full-time Faculty and Staff** wishing to compete for the Generations Ahead Scholarships. [Online application.](#)

The deadline for submitting required documents is **5:00 p.m. on Tuesday, November 1<sup>st</sup>, 2016.**

## Graduate School Open House



The College of Business is hosting a graduate school open house and is inviting all employees who are ready to take the next step in their education. The event will take place **Saturday, October 29<sup>th</sup> from 9:00 a.m. – 12:00 p.m. at FIU at I-75 in Miramar**. Meet with faculty members and learn about the various MBA and specialized master's programs available. To register, click [here](#). For more

information, please contact Prisciliana Berrios, Admissions Recruitment Manager, at [chapman@fiu.edu](mailto:chapman@fiu.edu).

## Children's Holiday Celebration



Join us at the 24<sup>th</sup> annual Children's Holiday Celebration on **Thursday, December 8<sup>th</sup>, 2016 at 11:00 a.m.**

This annual tradition serves as a connecting bridge between underserved children in our local community with programs and services as offered through the office of Student Access and Success. During this festive occasion, we invite children from Miami-Dade County Title I public schools to experience first-hand the value of higher education. In addition to fun and educational workshops for the children, guests enjoy a holiday spirited luncheon and entertainment, along with an opportunity to make a difference through a fun scholarship fundraising activity.

For ticket information and more details about this event, please click [here](#). For further information, you may contact Mari Vila, Executive Assistant, Advancement Services, at 305-348-2009 or by email at [vilame@fiu.edu](mailto:vilame@fiu.edu).

## Office of Employee Assistance



**OCTOBER IS NATIONAL DEPRESSION AND DEPRESSION SCREENING MONTH:** Globally, an estimated **350 million people** of all ages suffer from depression. The *Office of Employee Assistance* is pleased to publish the 22<sup>nd</sup> edition of *Insights*, the bi-monthly faculty and staff newsletter. This month's topic is about depression and online mental health screenings to aid in early detection, intervention, and treatment. Please click [here](#) to read.

**WORLD OF WELLNESS:** We are now offering the second workshop of our 3-part series in mindfulness. This workshop is intended for individuals who have either attended the first workshop, **Exploring Mindfulness**, or for individuals who are practicing/have practiced mindfulness or meditation before. The next workshop, **Mindful Well-Being at Work** will be offered at **BBC on Friday, November 18<sup>th</sup> at noon**. Click [here](#) to register. Seating is limited. You will receive one hour of professional development credit.



For more information about the *Office of Employee Assistance*, please visit us at [oea.fiu.edu](http://oea.fiu.edu) or call **305-348-2469**.

## Professional Development – Upcoming Learning Opportunities

### Fall Training Series:

#### Sexual Misconduct Training

Thursday, November 17<sup>th</sup>, 2016

11:30 a.m. – 1:00 p.m. (1.5 professional development credits)

GL 220-MMC

Click [here](#) to register. For additional information regarding these workshops, please contact the office of Equal Opportunity Programs & Diversity at [eopd@fiu.edu](mailto:eopd@fiu.edu).



## Benefits Update

**We are pleased to provide these wellness updates to the FIU community!**

**PAWS Fall 2016 Wellness Survey** - Please take a brief 5 minutes to complete our anonymous [PAWS Fall 2016 Wellness and Culture Audit Survey](#). The results of this survey provide feedback on programs you will be interested in and time offerings that would be best for you. This will allow us to focus our expertise on the areas that need our attention.

**National Breast Cancer Awareness Month** – October is National Breast Cancer Awareness Month. For ways you can help make a difference in the fight against breast cancer visit the [American Cancer Society](#) and get more involved.

**Podcast and Newsletter** – November's PAWScast is with guest, Dr. Joseph Lichter, Triple Anvil competitor and fellow HR colleague. Listen as he speaks on how he got into the Iron Man and why his nickname is Joey Bag of Donuts. The PAWScast and newsletter will be released Tuesday, November 1<sup>st</sup>. You can listen to past PAWScasts for [iTunes here](#) and [Podcastgarden here](#). Remember to [sign up](#) for our newsletter.

**Lunch and Learn: PAWS for Healthy Skin** – Save the dates for our next Lunch and Learn with Dr. Mercedes Florez-White from FIU | Health. This month's topic will focus on skin health and how stress plays a role in its health. Click [here](#) to register.

*MMC: November 16<sup>th</sup>, 2016, Noon*

*BBC: November 18<sup>th</sup>, 2016, Noon*

**FIU | Health Update** - FIU | Health is the Herbert Wertheim College of Medicine (HWCOC) Faculty Group Practice. The Faculty Group Practice physicians provide primary and specialized patient care anchored by the groundbreaking research and medical education at the HWCOC. For a list of physicians click [here](#). To schedule an appointment call 305-348-3627.



## Campus Updates

Click on the links below to learn more about upcoming campus events:



**Clyde Butcher Photography Exhibition Opening Reception** - On **Tuesday, November 1<sup>st</sup>**, The Hubert Library on FIU's Biscayne Bay Campus will host a photography exhibit by renowned photographer Clyde Butcher.

For more information or to RSVP click [here](#). To view the flyer, click [here](#).

**Language Day**- Save the Date! The 2nd Annual FIU Language Day will take place **Friday, November 18<sup>th</sup> from 11 a.m. – 2 p.m.** throughout Green Library. This is an event for faculty, staff, students and alumni to share and practice their language skills. To register, click [here](#).

