

September 22, 2017

Follow us for more news and updates



---

## Mindful Practices at Work Workshops



Join the Office of Employee Assistance for the Mindful Practices at Work workshops. To sign up for the workshops below, please click [here](#).

Wednesday, October 11<sup>th</sup>, 12:00 p.m. – 1:00 p.m., GL-322 | MMC

Friday, October 13<sup>th</sup>, 12:00 p.m. – 1:00 p.m., HL-319 | BBC

Wednesday, October 25<sup>th</sup>, 12:00 p.m. – 1:00 p.m., GL-322 | MMC

---

## Sign Up Today for the Service Excellence Workshop



The Service Excellence workshops are back for the fall! Brush up on your 'in-person,' telephone, and written **customer service skills**. The workshops will cover:

- FIU's philosophy on Service Excellence
- **Professionalism at work**
- **Effective service over the telephone**
- **Managing written correspondence**
- **Techniques for delivering excellent service, even in difficult situations**

### Dates and Times:

Thursday, October 12<sup>th</sup>, 9:00 a.m. – 12:00 p.m., CSC-1144A | MMC

Wednesday, October 25<sup>th</sup>, 1:00 p.m. – 4:00 p.m., CSC-1144A | MMC

Space is filling up quickly. [Register today!](#)

---

## EOPD Fall Training Series



Join the Office of Equal Opportunity Programs and Diversity for their Fall Training Series. Click [here](#) for more information. To register for the workshops below, please click [here](#).

### Animals in the Workplace Training

Thursday, October 26<sup>th</sup>, 11:30 a.m. – 1:00 p.m., GL-220 | MMC

### Dilemmas in Diversity Training

Wednesday, November 15<sup>th</sup>, 12:00 p.m. 1:30 p.m., GL-220 | MMC

### Sexual Misconduct Training

Wednesday, November 29<sup>th</sup>, 12:30 p.m. – 2:00 p.m., GL-220 | MMC

---

## Save the Date for FIU Homecoming!



It's time to start dusting off your panther gear because Homecoming is almost here! Join us Saturday, October 28<sup>th</sup> – Saturday, November 4<sup>th</sup> for a week of celebrations and exciting events that unite our students, faculty, staff, retirees, alumni, and community. Click [here](#) for fun faculty, staff, and retiree events and click [here](#) for a complete list of activities. Should you have questions about these Homecoming festivities, please contact Trudy Fernandez, Director of HR Relations at (305) 348-0101.

---

## Submit Your Nominations for the Service & Recognition Awards Ceremony



The Division of Human Resources invites your nomination(s) for the 2018 Service and Recognition Awards Ceremony, where we will honor and recognize FIU's distinguished faculty and staff members for their achievements and years of service.

To access the site where you can learn more about all award categories and their criteria, nomination process, and/or to submit nominations, please click [here](#). The deadline to submit is Thursday, November 30, 2017.



Join FIU Athletics for the annual FIU Faculty, Staff and Retirees Appreciation Day! The event has been rescheduled for Saturday, September 30<sup>th</sup> at 7:00 p.m. in Riccardo Silva Stadium. FIU Faculty, Staff, & Retirees can purchase up to four tickets for only \$1.00 per ticket. Be sure to bring your blue and gold Panther Spirit as we support our student-athletes! Click [here](#) to purchase your tickets. Click on the "SPECIAL OFFERS" tab and enter code "PANTHERS" in the designated box. All online tickets will be held at Will Call. A valid FIU OneCard must be presented at the time of ticket pick up. Please note, if you already purchased tickets, but never picked them up, we have already exchanged those for the new game on the 30<sup>th</sup>. Your tickets are now ready at Will Call. If you did pick up your tickets, please contact FIU Athletics to exchange your tickets. For more information, please call FIU Athletics at 305-FIU-GAME.



This football season, join us for Panther Fan Tailgates taking place in the Parkview Multipurpose Room, 2.5 hours prior to kick-off for each FIU Football home game!

Guests will enjoy unlimited food and beverages, in addition to pre-game activities including the all new Panther Walk featuring Roary, the FIU Marching Band, and the Panther Spirit Squads. Guests can also enjoy the newly created Panther Fun Zone featuring interactive stations such as a Fun Slide, Rascal Challenge Obstacle Course, QB Blitz, Bounce House and more.

To register, visit [FIUalumni.com/football](http://FIUalumni.com/football).

---



[Click here to like us on Facebook!](#)

**Sign Up Today for the PAWS Physical Screening – Registration has re-opened for the Wellness Journey '17 challenge!** Participants may register individually or as a team. Click [here](#) for the participant packet and for information on how to register and create your profile. We will also be offering free health screenings, courtesy of Baptist Health! Screenings will include glucose and cholesterol testing with confidential results being maintained. To register, please click [here](#). Get excited for this year's Wellness Journey! For more information, please contact Nathan Burandt, Wellness Manager, at [pawswellness@fiu.edu](mailto:pawswellness@fiu.edu).

**PAWScast: New Season Out Now!** – The first PAWScast is out for a new season! The series is all new with hosts Nathan Burandt and Giselle Heraux! Listen to ["Stories from the Scrubs"](#) and learn why it's so important to get your physicals.

**Lunchtime Workshops** – Sign up today for September's Lunchtime Workshops! PAWS presents "Don't Panic! How to Use Yoga to Survive the College Experience." Join Bonnie Quiceno, a yoga instructor at FIU, **speaker, and author, as she shares** innovative ways to get more yoga into your life, even if you're 'strapped' to your desk all day! Click [here](#) to sign up for the workshops below.

Monday, September 25<sup>th</sup>, 12:00 p.m. – 12:50 p.m., GC-243 | MMC

Tuesday, September 26<sup>th</sup>, 12:00 p.m. – 12:50 p.m., HL-319 | BBC

**Consortium Connection September Newsletter** – This month's edition of the Consortium Connection newsletter is here! Click [here](#) to discover a calendar of events, and understand how to get and stay at a healthy weight. Enjoy!

---

## Employee Benefits



**Address Review & Update Reminder** – The Division of Human Resources' Benefits Administration Department brings you this important update concerning your mailing address. In order to receive communication materials regarding your State-Sponsored Benefits, it is very important to keep your address on record up to date in our [PantherSoft System](#). If you have experienced any changes in address, please update your information on file immediately.

The address verification process in the People First system began on August 1, 2017. This annual process is necessary to ensure your current contact information is accurate within the State of Florida's People First portal. Click [here](#) for more information.

**Optional Life Insurance Premium Change** – The Benefits Administration Department brings you this important update concerning your Optional Life Insurance premiums, provided through Minnesota Life. The Optional Life Insurance premiums are calculated based on your age and salary. When you have a birthday reflecting a milestone age in five-year increments (ex: 45, 50, 55, etc.) and/or when your salary increases, the Optional Life Insurance plan premium will increase as well. For more information, please click [here](#).

**FSA and HSA Advantage Accounts** – Great News! “Live Chat” now available for your FSA and HSA Advantage with Chard Snyder. For more information, please click [here](#).

**NEW Perks!** – The Division of Human Resources is excited to present to you FIU's fantastic perks! Discover **NEW** savings on restaurants, housing, car rentals, entertainment, and more [here](#).

---

### The Next Step: FIU Online Open House



Make a change for the better with a graduate degree from FIU Online. As an FIU staff member, you can take advantage of the tuition waiver, apply for FIU Online scholarships, and begin your graduate program as soon as next term! Increase your possibilities, pursue more, and achieve your goals – come learn about FIU Online's programs and enrich your path with one of the top online programs in the nation. Join us at our Open House:

Thursday, September 28<sup>th</sup>, 6:00 p.m. – 8:00 p.m. | MMC  
Saturday, September 30<sup>th</sup>, 10:00 a.m. – 12:00 p.m. | FIU at I-75

Don't have anyone to watch the kids? Bring them along! For more information or to RSVP, please click [here](#).

---

### Sign up today for the English Language Institute Classes!



Sign up today for the English Language Institute's Accent Reduction, Practical Conversation, and Advanced Grammar classes! Classes start in October. Classes will be offered:

Mondays and Wednesdays, 7:00 p.m. – 9:30 p.m.  
Tuesdays and Thursdays, 7:00 p.m. – 9:30 p.m.  
Saturdays, 9:00 a.m. – 2:00 p.m.

Registration is now open for the October term! Classes will be offered at \$249.00 per course, 50% off the regular price! This price is available to FIU employees only. All benefit earning employees have the option to use payroll deduction to pay for classes! Please bring your FIU OneCard when registering for any of these courses. For more information, please click [here](#), or call the English Language Institute at (305) 348-2222.

---

### College of Arts, Sciences & Education Mini Camps



Need a place for your children to go during Teacher Planning Days? The College of Arts, Sciences & Education is sponsoring mini-camp enrichment workshops for youths ages 5 and up. For more information, please click [here](#). Should you have any questions, please contact Ana Jimenez at (305) 348-6545 or email [summercamp@fiu.edu](mailto:summercamp@fiu.edu).

---

### Support the Urban Vegetable Project



Take a step towards healthier eating and support local farmers! The Urban Vegetable Project (UVP) is a collaborative endeavor aimed at teaching underserved students the science, business, and art of sustainable farming practices, while providing locally grown food to the Miami community. After a successful spring season, UVP is bringing back its Community-Supported Agriculture (CSA) program, where community members pay a season subscription fee and receive a weekly box of vegetables harvested from UVP's urban farm. The veggies offered include tomatoes, leafy greens, eggplants, carrots, squash, and cucumbers. Pick up locations are located close to FIU's MMC and BBC. If you are interested, please email [urbanvegetableproject@gmail.com](mailto:urbanvegetableproject@gmail.com). For more information, please click [here](#).

---

To provide feedback on this newsletter, please contact us at [hadmin@fiu.edu](mailto:hadmin@fiu.edu)