



# HR NEWS & UPDATES

## LIMITED TICKETS AVAILABLE FOR THE PRESIDENT'S HOLIDAY CELEBRATION



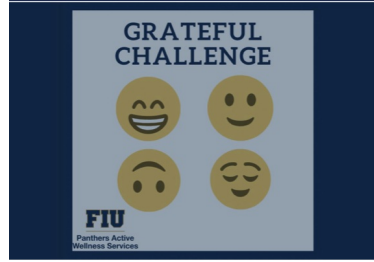
There's still time to join the party! A limited amount of tickets are available for this year's President's Holiday Celebration on Tuesday, December 10.

Starting tomorrow, December 3, stop by PC 224 in MMC and HL 322 in BBC from 10 a.m. - 3 p.m. to pick up your tickets to the celebration. Be sure to bring in a toy to donate to our annual toy drive!

Tickets will be distributed on a first-come, first-served basis.

**Questions? Contact [HR Relations](#) at 305-348-0101.**

## PANTHERS ACTIVE WELLNESS SERVICES THE GRATEFUL CHALLENGE



The season of gratitude is here, and now is the time to reflect on all the things you are grateful for. Expressing gratitude can improve your physical and mental health, and help bring satisfaction and joy to your life.

Join Panthers Active Wellness Services (PAWS) for [The Grateful Challenge](#). This month-long challenge encourages participants to write down three things they are grateful for daily.

The challenge ends on Tuesday, December 31. Participants will be entered for a chance to win an awesome prize. Take the challenge, and start your gratitude journal today.

**Questions? Contact [Nathan Burandt](#), Wellness Manager, at 305-348-2530.**

## 7 WEEKS LEFT - SUBMIT YOUR NOMINATIONS FOR THE SERVICE & RECOGNITION AWARDS



Get your nominations in today for the FIU Service & Recognition Awards! This is the coveted awards ceremony of the year, and you do not want to miss out on submitting your nomination(s).

Visit [go.fiu.edu/nominate](http://go.fiu.edu/nominate) to learn more about this year's award categories, criteria, the nomination process, and/or to submit a nomination today.

Nominations will only be accepted online until Friday, January 31, 2020 at 11:59 p.m.

**Questions? Contact [HR Relations](#) at 305-348-0101.**

## UNIVERSITY POLICIES: GIFT POLICY



Brush up on compliance matters and stay up-to-date with FIU's policies and procedures. Make sure to review the featured policy below:

- [Gift Policy](#) - FIU employees are prohibited from using or attempting to use their position(s) in order to obtain special benefits or privileges for themselves or others. Check out this [short video](#) for more information.

**Questions? Contact the [Office of University Compliance and Integrity](#) 305-348-2216.**

## SEASONAL PERKS AND PROMOTIONS



Take advantage of these fall savings! Check out [new discounts and promotions](#) that include:

- Zoo Miami
- Actors' Playhouse
- Chuy's Mexican Food
- Los Ranchos

Don't forget to play the Perk Scavenger Hunt for a chance to win awesome prizes!

**Questions? Contact [Benefits Administration](#) at 305-348-2181.**

## BENEFITS UPDATES AND REMINDERS



Stay up-to-date with [important benefits updates](#) pertaining to the following:

- Medical Flexible Spending Accounts for Plan Year 2019
- Reminder Regarding Your 2020 Benefits
- Benefits Fair Pictures
- Benefits Walk-In Session

**Questions? Contact [Benefits Administration](#) at 305-348-2181.**

## HEALTH AND WELL-BEING



We all feel stressed from time to time, but the holidays offer their own stressors. What can you do to avoid or minimize some of these holiday stress inducers?

Try these [mindfulness tips on finding the joy in the holiday season](#) without compromising your peace of mind.

During the holiday season, the Office of Employee Assistance (OEA) is hosting the Mindful Practices at Work meditation sessions. [Register for a session today!](#)

The OEA is here to support you and the dependents in your household. Contact the OEA to make a free and confidential appointment.

**Questions? Contact the [OEA](#) at 305-348-2469.**

## SCHOLARSHIPS AND MASTER OF SCIENCE IN INFORMATION SYSTEMS



FIU Business invites you to explore what our [Master of Science in Information Systems' Cybersecurity](#) track can offer!

As FIU faculty/staff, you can take advantage of the tuition waiver as well as the FIU employee scholarships the program offers.

Join our upcoming information session to learn more about the program and how to apply.

### [Admissions & Financial Aid Day](#)

- Wednesday, December 4, 11 a.m. - 6 p.m., College of Business Complex | MMC
- Thursday, December 5, 4 - 8 p.m., FIU @ I-75

**Questions? Contact [FIU Business](#) at 305-348-4347.**

## PROFESSIONAL DEVELOPMENT



Looking for professional development learning opportunities? Check out our upcoming workshops by logging on to the [professional development site](#). Then, click "Upcoming Training" to see a calendar of workshops that include:

### **Service Excellence Workshops**

- Wednesday, December 4

### **Center for Leadership: The Leadership Lectures**

- [The Leadership Lectures: Kaihan Krippendorff](#)

**Questions? Contact the [Human Resources Service Center](#) at 305-348-2181.**

## DID YOU KNOW? HOW TO REPORT A NEAR MISS



Did you know that a "Near Miss" should be reported at FIU?

Near Misses are events that could have resulted in an injury, a fall or illness, but fortunately, didn't end that way. A near miss can be as simple as tripping on an uneven pavement or losing balance on high-traffic walk surfaces that become slippery.

[Reporting of Near Misses](#) encourages proactivity by facilitating awareness and communication of a potential issue or injury for others. It allows individuals to contribute to their own safety and the safety of their peers by being a part of the solution.

**To report a Near Miss, email [safe@fiu.edu](mailto:safe@fiu.edu) or call 305-FIU-SAFE.**

To provide feedback on this newsletter, please email [hadmin@fiu.edu](mailto:hadmin@fiu.edu).

