



**FIU CORONAVIRUS
UPDATES & USEFUL
INFORMATION**



Aligned with our core values, the well-being of our university community is of the utmost importance. We're in this together!

As FIU continues to monitor coronavirus developments, make sure to stay up-to-date with the latest information available via www.fiu.edu/coronavirus.

On this website, you will also find information that aligns with FIU's service excellence standards that include, but not limited to:

- Remote Work Best Practices
- Frequently Asked Questions
- How to stay connected via Zoom

**PROFESSIONAL
DEVELOPMENT DURING
REMOTE WORK**



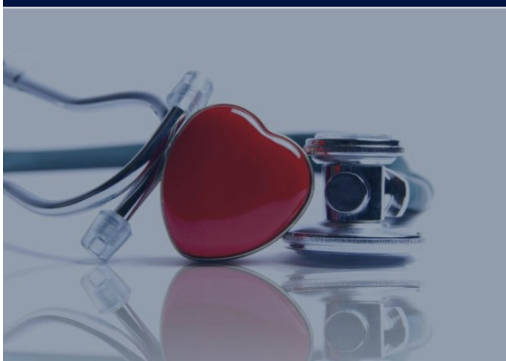
Looking for professional development opportunities aligned with Next is Now?

Check out a few recommended courses available today by visiting the Professional Development page on hr.fiu.edu. Click "Next is Now - Future Focused Literacies" and scroll down to "Helpful Information" for a list of courses.

Don't forget to also review and stay up-to-date with FIU's [policies and procedures](#) as part of your ongoing professional development.

Questions? Contact [Talent Acquisition and Management](#) at 305-348-3206.

**HEALTH AND
WELL-BEING**



Balancing work, family and integrating life as we know it today can be quite the juggling act. Take advantage of these community and FIU resources to help you and your loved ones find the calm and nourish your resilience along this new journey:

**LIBRARY SERVICES &
RESOURCES**



Take advantage of our FIU Library services and resources available online for our faculty, staff and students that include:

- Extended Chat Hours
- Extended Database Trials
- [Database Webinar](#) on Wednesday, March 25 at 2pm
- View the [Coronavirus LibGuide](#)

- Seek free emotional support from FIU's Office of Employee Assistance available to faculty, staff, retirees and their families. Call 305-348-2469, or email oea@fiu.edu for an appointment.
- Find useful [tips and tricks](#) to stay well while working from home.
- Take time to meditate with [Headspace](#) and stay calm under stress.
- Florida Blue is also offering free counseling for those feeling stress related to coronavirus. [Counselors are available](#) 24/7, toll-free at 833-848-1762.

For library instruction and specific library research guides for your class, email [Sarah Hammill](#), business & online learning librarian.

Visit [Library Remote Services](#) to stay up to date on the latest information.

Questions? Contact [FIU Libraries](#) at 305-348-2451.

STAY ENGAGED AND CONNECTED FROM HOME



Looking for places to go during your free time? Take a virtual tour with your family and friends to these awesome places:

- [Frost Art Museum](#) - Explore their [video library](#) today!
- Take a [virtual tour](#) of museums, zoos, aquariums and theme parks!

Don't miss out on daily 305 Cafecito Chats hosted by the Office of Engagement to keep you connected, engaged & informed! These virtual chats will take place every weekday at 3:05 pm on their [Facebook page](#).

Stay tuned for more resources coming your way soon!

STAY EMPOWERED: SHOW YOUR GRATITUDE



Saying "Thank You" and taking the time to show someone your appreciation is just a click away!

Please visit empower.fiu.edu and let your colleagues know how thankful you are for their amazing efforts.

Questions? Contact [Talent Acquisition and Management](#) at 305-348-3206.

DID YOU KNOW? FIU EVENTS



As a reminder, all FIU events on and off campus have been canceled and/or postponed through the end of the spring semester.

Make sure to stay up to date with the latest information which can also be found at www.fiu.edu/coronavirus.

To provide feedback on this newsletter, please email hadmin@fiu.edu.