

Stay up-to-date with the latest FIU COVID-19 Updates at www.fiu.edu/coronavirus.

## COVID-19 HR **INFORMATION WEBSITE NOW LIVE**

The COVID-19 HR Information website is now live! This site is designed to assist you with new benefits, HR processes and resources that are currently in place during the temporary remote work environment.

Please continue consulting the main FIU coronavirus webpage for the latest information and instructions on how to selfquarantine and other useful links on how to prevent the spread of coronavirus.

Questions? Contact the <u>Division of Human</u> Resources at 305-348-2181.

## **DONATE TODAY! COVID-19 LEAVE PROGRAM**

As a university that cares, we recently launched the COVID-19 Leave Program.

At this moment, some of our very own and their families are at risk of facing a significant financial hardship as a result of COVID-19 they are unable to work and are out of leave hours.

You can help and make a difference. Follow these three easy steps to begin donating your hours today! The current open donation period ends Tuesday, June 9.

Questions? Contact the <u>Division of Human</u> Resources at 305-348-2181.



The Office of Employee Assistance (OEA) has created workshops to help you avoid emotional contagion.

- **Cultivating Emotional Balance In An** Unbalanced Time - Part II
  - Thursday, June 4
  - Friday, June 5

**Mindfulness Meditation Sessions** - Take time out of your day to refresh and recharge through meditation exercises and workshops.

- Mindfulness in Togetherness Meditation
  - Wednesday, June 3
  - Wednesday, June 10
- Welcoming Your Emotions Friday, June 5

All sessions are from 12 - 1pm. Register for these sessions today at

professionaldevelopment.fiu.edu

Questions? Contact the Office of Employee Assistance at 305-348-2469.



Looking for professional development opportunities? Discover selected LinkedIn Learning Professional Development courses with the Next is Now Professional Development Spotlight.

Don't forget to visit our website for additional Next is Now recommended courses.

**Questions? Contact Talent Acquisition** and Management at 305-348-3206.



Take advantage of these savings! Check out <a href="mailto:new discounts">new discounts and promotions</a> that include:

• Texas Roadhouse

Questions? Contact <u>Benefits</u> <u>Administration</u> at 305-348-2181.

## CASE VIRTUAL ENRICHMENT PROGRAMS



The College of Arts, Sciences, & Education is hosting two virtual enrichment programs.

- Up and Adam Reading Tutoring Program
  - Monday, May 25 Friday, August 7
- Virtual Forensic Science/CSI Camps
  - Monday, August 3 Friday, August 7

<u>Discover</u> more information about cost and how to register your child(ren) today!

Questions? Contact summercamp@fiu.edu.

## DID YOU KNOW? STAY CONNECTED FROM HOME



Take advantage of these free engaging programs and presentations:

- #CuratorChat- Join the Patricia & Phillip Frost Art Museum for its #CuratorChat on Wednesday, June 10 from 5-6pm.
- FIU School of Music Join FIU
   School of Music for the
   Wertheim@Home Concerts. Tune in
   every Saturday night at 8pm for weekly
   YouTube premieres.
- Parent Club Join the FIU Center for Children and Families for the free Parent Club! These webinars are designed for parents and caregivers to receive tips and resources on balancing work, parenting and homeschooling.
- 305CafecitoChat Join the Office of Engagement every weekday at 3:05pm - you don't want to miss it!
- PAWS for Karate Join Panthers
   Active Wellness Services and learn
   basic karate, self-defense and movements
   to help break up your day. Register and fill
   out the waiver to participate today!
- Body & Brain Join PAWS on Friday, June 5 at noon for a special movement meditation session designed to release stress and manage emotions.

Stay tuned for more resources coming your way soon!

To provide feedback on this newsletter, please <a href="mailto:emailto