



HR NEWS & UPDATES

Stay up-to-date with the latest FIU COVID-19 updates at repopulation.fiu.edu.

HOMECOMING WEEK: VOTE FOR YOUR FAVORITE EVENTS



Homecoming Week is here! We hope you are ready to Unleash the Spirit and participate in this week's celebrations and activities.

Don't miss your opportunity to cast your votes for your favorite faculty/staff Homecoming activities. Voting ends Thursday, October 8!

- [Spirit Decorating Competition](#)
- [Homecoming Faculty/Staff King & Queen](#)
- [Chalk Art Takeover](#)

Be sure to visit hc.fiu.edu for a full list of fun events and activities taking place this week such as the [Homecoming Caravan!](#)

Questions? Contact [HR Relations](#) at 305-348-6099.

BENEFITS UPDATES & REMINDERS



Coming soon! Mark your calendars and save the date for Open Enrollment Plan Year 2021.

Open Enrollment begins Monday, October 19, 2020 at 8am and will end promptly on Friday, November 6, 2020 at 6pm EST.

Discover [more information](#) on Open Enrollment today.

Questions? Contact [Benefits Administration](#) at 305-348-2181.

BERTA D. VILLARES BOOK SCHOLARSHIP



Applications are now open for the Berta D. Villares Book Scholarship. This scholarship will provide a one-time cash award to an eligible faculty/staff member currently using the FIU tuition waiver to pursue their degree.

Applications must be received by 5pm on Friday, October 23 for consideration. To review the criteria and to apply, please [click here](#).

Questions? Contact the [Division of Human Resources](#) at 305-348-2181.

SEASONAL PERKS & SPECIAL PROMOTIONS



Take advantage of these savings! Check out [new discounts and promotions](#) that include:

- Equinox Fitness
- Puffy Mattress
- Spritz Pizzeria E Ristorante

Questions? Contact [Benefits Administration](#) at 305-348-2181.

WELCOME BACK: shopFIU



As we start to slowly repopulate our wonderful FIU, shopFIU is excited to have you back! Select dining locations are open for take-out only. Service partners such as Santi Salon, Golden Touch, Campus Chiropractic and College Optical are open and ready to serve you - simply call for an appointment.

To learn more about what's open, FAQs and where you can find personal protective equipment on campus, visit [shopFIU](#).

University Credit Union: This October, University Credit Union is proud to feature 2 great offers. Whether you're interested in a 0% balance transfer rate or low APR home equity loan, [click here](#) to learn more.

Questions? Contact [shopFIU](#) at 305-348-2187.

HEALTH AND WELL-BEING



October 4 - 10 is Mental Health Awareness Week. The Office of Employee Assistance is the university's resource to help faculty and staff with their emotional health and well-being.

During the month of October we want to raise mental health awareness and reinforce our commitment to provide confidential professional services, at no-cost.

Connect with our OEA team for 1-on-1 sessions through your laptop, iPad, or cell phone via Zoom Telehealth, a secure, HIPAA-protected platform.

National Depression Screening Day is held annually on October 8. Brief screenings are the quickest way to determine if you or someone you care about should connect with a mental health professional. [Click here](#) to access FIU's anonymous mental health screening program.

Questions? Contact the [Office of Employee Assistance](#) at 305-348-2469.

PROFESSIONAL DEVELOPMENT



Looking for professional development learning opportunities? Check out our upcoming workshops that include:

Benefits Administration

- [Simplifying Your Retirement Workshops](#)

Talent Acquisition and Management

- [Supervisor Training Series for Repopulation](#)

Office of Employee Assistance

Register for the sessions below at profdev.fiu.edu.

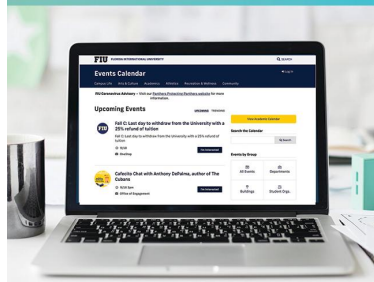
- Mindfulness in Togetherness Meditation
- Proactive Responses to Depression Webinar
- Lunchbox Panthers Support Group
- Caring and Sharing Support Group

Panthers Protecting Panthers Safety Course

- To access the course, visit develop.fiu.edu, log in using your FIU credentials and the course will be in your dashboard. If needed, [click here](#) for login instructions.

Questions? Contact the [Division of Human Resources](#) at 305-348-2181.

STAY CONNECTED FROM HOME - FIU CALENDAR



Don't forget to visit the [FIU Calendar](#) for upcoming events and even more professional development opportunities that include, but are not limited to:

- **NEW!** [Family Cocktail Mixer](#)
- **NEW!** [Family Cooking Class](#)
- **NEW!** [Family Spirit Week](#)
- **NEW!** [Art Talk: Justin Quinn](#)
- **NEW!** [Steven Dorothea Green Critics' Lecture Series Present Deborah Willis](#)
- [Spinning Plates: Supporting our FIU Families Webinar Series](#)
- [Parent Club](#)

Have a virtual event you'd like to share? Make sure you fill out the [event submission form](#) for your event to be featured on the FIU calendar.

Questions? Contact calendar@fiu.edu.

NEXT IS NOW SPOTLIGHT



Check out this week's [Next is Now Professional Development Spotlight](#). Courses are available via LinkedIn Learning.

Don't forget to [visit our website](#) for additional Next is Now recommended courses.

Questions? Contact [Talent Acquisition and Management](#) at 305-348-3206.

FIU CORONAVIRUS UPDATES



Aligned with our core values, the well-being of our university community is of the utmost importance. We're in this together!

As FIU continues to monitor coronavirus developments, make sure to stay up-to-date with the latest information available via repopulation.fiu.edu.

DID YOU KNOW? KOGNITO



Difficult conversations with distressed students can happen at any time. FIU's Counseling & Psychological Services is pleased to introduce Kognito, an online resource that helps people prepare for the conversations that matter most. Faculty & staff are encouraged to complete this course by Wednesday, October 14.

[Visit Kognito](#) and enroll in the At-Risk course for faculty/staff today to learn how you can lead real-life conversations that change lives.

One hour professional development credit will be awarded for completing this online course.

Questions? Contact [Counseling & Psychological Services](#) at 305-348-2277.

To provide feedback on this newsletter, please email hadmin@fiu.edu.