

March 10, 2017

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**FIU** Panthers Active  
Wellness Services

## PAWS TO MOVE!

### PAWS to Move Kick-Off Event

Ready to start moving? Join Panthers Active Wellness Services (PAWS) for the kick-off event of the PAWS to Move Challenge on **Monday, March 13<sup>th</sup> from 12:30 p.m. – 1:30 p.m.** in the GC Pit.

Come out and enjoy prizes, health tips, and some friendly exercise competitions! For more information, please contact Nathan Burandt at [nburandt@fiu.edu](mailto:nburandt@fiu.edu) or (305) 348-2530. Check out this special message from President Mark Rosenberg [here](#).

### Register Today for Diversity Week's Keynote Event



Join the Office of Equal Opportunity Programs and Diversity for this special keynote speaker presentation by journalist and founder of the #letnoorshine campaign, Noor Tagouri, at this year's Diversity Week on **Tuesday, April 4th from 11:30 a.m. - 1:00 p.m. in the GC Ballrooms**. Listen as Noor shares her experience as a woman breaking barriers and her story on staying true to her identity and embracing others. Attendees will also receive 1.5 hours of professional development through S.T.E.P.P. Please click [here](#) to RSVP.

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## Save the Date for the FIU Faculty, Staff & Family Spring Picnic!



Spring has sprung and it's time to have fun! We want to take a moment and thank our FIU family for all you do for our university – let's celebrate our accomplishments! Join us for the annual FIU Faculty, Staff & Family Spring Picnic on **Saturday, April 29<sup>th</sup> from 12:30 p.m. – 4:00 p.m.** at its **NEW** location on Biscayne Bay Campus! Bring your family and friends and enjoy great outdoor fun, kayaking, wine tasting\*, a fun run, access to pool, and wonderful door prizes.

**Admission & RSVP Information:** This is a ticketed event. Tickets are available on a first-come, first-serve basis. Please [click here to RSVP](#) for this fun-filled day.

- Faculty, staff, and retirees will receive a free admission ticket (excludes wine tasting seminar).
- Tickets for guests (ages 5 and up) are \$5.00.

**Ticket Distribution:** Monday, April 3<sup>rd</sup> – Wednesday, April 19<sup>th</sup> | 10:00 a.m. – 3:00 p.m.

- Modesto A. Maidique Campus, PC-224
- Biscayne Bay Campus, HL-320

Be sure to follow us on [Facebook](#) to get the latest updates on this and other DHR special events! Have questions? Please contact Trudy Fernandez, Director, HR Relations at (305) 348-0101.

*\*Wine tasting tickets will be sold separately - \$10.00 per participant. Must be 21 to participate. Space is limited and advanced registration is required.*

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## Register Today for Service Excellence Training Week!



**Service Excellence Training Week is here!**  
**March 15<sup>th</sup> – March 24<sup>th</sup>**

Two morning sessions from 9:00 a.m. – 12:00 p.m. each day.

Two afternoon sessions from 1:00 p.m. – 4:00 p.m. each day.

Each workshop will cover:

- FIU's philosophy on Service Excellence
- Professionalism at work
- Effective service over the telephone
- Managing written correspondence
- Techniques for delivering excellent service, even in difficult situations

[Register Today!](#)

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## Mindful Practices at Work Workshop



The Office of Employee Assistance is pleased to present the Mindful Practices at Work workshops! Please click [here](#) to sign-up for the workshops below.

**Wednesday, March 15<sup>th</sup>, 12:00 p.m. - 1:00 p.m., GL-482 | MMC**

**Wednesday, March 29<sup>th</sup>, 12:00 p.m. – 1:00 p.m., GL-482 | MMC**

**Wednesday, April 12<sup>th</sup>, 12:00 p.m. – 1:00 p.m., GL-482 |MMC**

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## EOPD Spring Training Series



Join the Office of Equal Opportunity Programs & Diversity for their Spring Training Series! Click [here](#) for more information.

### **Cultural Diversity Training**

Thursday, April 13<sup>th</sup>, 11:30 a.m. – 1:00 p.m., GL-220 | MMC

### **Americans with Disabilities Act Training**

Thursday, May 4<sup>th</sup>, 12:00 p.m. – 1:30 p.m., GL-220 | MMC

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## Employee Benefits



**Gabor Group Whole Life Insurance** - Gabor is pleased to announce a special open enrollment for Group Whole Life Insurance issued by Massachusetts Mutual Life Insurance (MassMutual) from **February 13th - April 14th**. This limited enrollment period offers the unique opportunity for coverage on a simplified issue basis (no medical exam or tests required). Please click [here](#) for more information.

**Flexible Spending Accounts** - The Division of Human Resources is pleased to provide you with important deadlines for flexible spending accounts, also known as a medical and dependent care reimbursement accounts, for the 2016 plan year:

- **Deadline to Use Funds** - The grace period to use or incur services for medical, limited purpose medical, and dependent care reimbursement accounts is **March 15, 2017**.
- **Filing Deadline (use it or lose it!)** - The filing deadline for all claims is **April 15, 2017**. If services aren't used and claims aren't submitted by the deadline, the benefit of these accounts and the money ([see Section 125 of the IRS Tax Code](#)) will be lost. To provide you with important deadlines for flexible spending accounts, also known as a medical and dependent care reimbursement accounts, for the 2016 plan year, please see below:

### **Employee Perks**

**FSA Employee Perk Website** - The Division of Human Resources is pleased to provide you with this exciting employee perks [website](#). The FSA Store is an e-commerce site exclusively focused on Flexible Spending Account eligible products. In addition to products, the FSA Store offers educational resources to help customers better understand and manage their flexible spending accounts, including an eligibility list, a learning center, FSA Calculators, and much more.

**Spring Perks** - This spring, discover savings on housing, car rental, entertainment, and more. Click [here](#) for a complete list.

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**PAWS Wellness Survey** - Thank you to those who have participated in the survey! If you have not done so already, please take a brief 5 minutes to complete our anonymous [PAWS 2016-2017 Wellness and Culture Audit Survey](#). The results of this survey provide feedback on programs you would be interested in and time offerings that would be best for you.

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## Congratulations to this years' Service Recognition Award Winners!



Congratulations to our 2017 FIU service milestone recipients, nominees, and awardees! On Monday, March 6<sup>th</sup>, the university community gathered to celebrate and recognize the outstanding contributions made by our faculty and staff. Special highlights of the event included honoring over 1,000 Panthers for their years of service and unveiling the award recipients of the 2017 FIU Recognition Awards. To view a list of this year's award recipients, please [click here](#). Should you have any questions, please feel free to contact Trudy Fernandez, Director, HR Relations at (305) 348-0101.

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### University Policy Reminders



**Drug-Free Campus/Workplace Drug and Alcohol Abuse Prevention Policy:** It is important for FIU to provide a safe, productive, and drug free educational and work environment for our faculty, staff, and students. Review the Drug-Free Campus/Workplace Policy [here](#). It is important that each faculty and staff member read and adhere to this policy and help make our campuses a safe learning environment.

**Employee Wellness Program:** This new Employee Wellness policy lays the foundation for FIU to develop activities and to offer wellness resources to better support the well-being of its faculty and staff and is in line with wellness best practices. It creates an infrastructure that will provide for the wellness needs of our faculty and staff. Review the Employee Wellness Program policy [here](#).

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## FIU Graduate School Open House



Pursue your dreams and make them a reality. Take advantage of your tuition waiver and explore scholarship opportunities. Find out how by attending FIU Online's Graduate Open House, and learn more about our online master degrees. You will also get the opportunity to network with faculty, staff, and alumni, and get started on your application process. All attendees will receive an application fee waiver.

***Saturday, March 18<sup>th</sup>, 10:00 a.m. – 12:00 p.m., FIU @ I-75***

***Saturday, March 25<sup>th</sup>, 10:00 a.m. – 12:00 p.m., BBC***

***Saturday, April 1<sup>st</sup>, 10:00 a.m. – 12:00 p.m., MMC***

Select the FIU Online Open House that works best with your schedule and [RSVP](#) to reserve your spot. Should you have any questions, please contact us via email at [onlineprograms@fiu.edu](mailto:onlineprograms@fiu.edu) or via telephone at (305) 348-3125.

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## Space is Limited! Sign up for CASE Summer Camp Today



Spots are filling up! Register your child for FIU's College of Art, Science, & Education Summer Camp! From June 12<sup>th</sup> – August 4<sup>th</sup>, children from ages 4 – 13 will spend the summer exploring environmental science, playing sports and games, attending field trips, and more. For more information, click [here](#).

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*To provide feedback on this newsletter, please contact us at [hradmin@fiu.edu](mailto:hradmin@fiu.edu)*

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