

May 20, 2013

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HR News

Office of Employee Assistance – *Insights* Newsletter – May 2013

The Office of Employee Assistance (OEA) is happy to present the May issue of [*Insights*](#). This issue is centered on the newly proclaimed Mental Health Awareness Month to be celebrated in the month of May. It is important to recognize the impact that the lack of mental health awareness has on our society and realize that we can be part of the solution. This edition provides current statistics on mental illness and its impact on society. Following the theme of Mental Health Awareness Month, we have included an article on the stigma of mental illness and how erroneous misperceptions of mental illness promote discrimination. To do your part and stand up for mental health, get involved with organizations that have active campaigns against mental health stigma! Finally, the newsletter concludes with useful and important mental health resources, both at the local and national level.

If you have any feedback or questions about the services that the OEA provides, please visit oea.fiu.edu or call us at 305-348-2469.

Performance Excellence Process

As a University, we strive for excellence and thought leadership. How can we achieve excellence? The only path is through our employees' hard work and good thinking. As a University, we are continually pursuing excellence while exercising thought leadership. The following statements outline key features of ePerformance, including relevant dates, program highlights, and next steps are outlined [here](#). We look forward to implementing this enhanced process and look equally forward to your enthusiasm toward a culture of performance management which distinguishes us as effective thought leaders!

Campus Updates

2013 Management Symposium Series

FIU's [Executive Master of Public Administration](#) (EMPA) program and the [Metropolitan Center](#) invite you to our [2013 Management Symposium Series](#). The series will run from May through August at FIU's newest facility at 1101 Brickell Avenue – home of the EMPA program.

We will be offering 12 exciting workshops presented by local and regional experts in various areas of public service. Each workshop will consist of 12 contact hours designed to give attendees professional development skills and hands-on leadership training. Meals, materials and parking will be provided. Each participant will also receive a Certificate of Completion. Additionally, participating FIU employees can receive up to 12 hours of Professional Development credit.

Advanced registration is required for each workshop. Registration costs \$350. Multi-workshop, student and group discounts are available. Please visit our [website](#) or [click here](#) to register. For inquiries, contact Kebrina Maharaj at 305-348-4826.

To provide feedback on this newsletter, please contact us at hradmin@fiu.edu.