October 21, 2016

HR News
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Open Enrollment & Benefits Fair

Open Enrollment is here for the 2017 plan year!!!
Open Enrollment ends promptly on Friday, November 4th, 2016, at 6 p.m. Eastern time.

You can make changes to your benefits online in People First. If you are eligible for benefits through the State Group Insurance Program, this is your once-a-year window to change your benefits outside of qualifying life events. For more information, please click here. If you have questions about this process, please call the People First Service Center at 1-866-663-4735.

The annual Benefits Fair will be held at MMC on Thursday, October 27th, 2016 in the GC Ballroom and at BBC on Tuesday, November 1st, 2016 in WUC rooms 155 & 157. Benefits enrollment sessions are currently in progress throughout the open enrollment period. Follow the link to learn more.

Scholarships

GENERATIONS AHEAD SCHOLARSHIP NOW ACCEPTING APPLICATIONS! The Division of Human Resources is pleased to inform you of our “Generations Ahead” Scholarship Program – generously sponsored by the Gabor Agency, Inc. – to be awarded for the 2017 Spring Semester. Scholarship opportunities are available for dependent children of FIU’s benefits-eligible faculty and staff as well as full-time faculty and staff also enrolled as full time students at FIU.
Please click on the appropriate eligibility criteria below to compete for the Generations Ahead Scholarship Award:

· **Dependent Students** of benefits eligible faculty and staff wishing to compete for the Generations Ahead Scholarships. [Online application](#).

· **Full-time Faculty and Staff** wishing to compete for the Generations Ahead Scholarships. [Online application](#).

The deadline for submitting required documents is 5:00 p.m. on Tuesday, November 1st, 2016.
Graduate School Open House

The College of Business is hosting a graduate school open house and is inviting all employees who are ready to take the next step in their education. The event will take place Saturday, October 29th from 9:00 a.m. – 12:00 p.m. at FIU at I-75 in Miramar. Meet with faculty members and learn about the various MBA and specialized master’s programs available. To register, click here. For more information, please contact Prisciliana Berrios, Admissions Recruitment Manager, at chapman@fiu.edu.

Children’s Holiday Celebration

Join us at the 24th annual Children’s Holiday Celebration on Thursday, December 8th, 2016 at 11:00 a.m.!

This annual tradition serves as a connecting bridge between underserved children in our local community with programs and services as offered through the office of Student Access and Success. During this festive occasion, we invite children from Miami-Dade County Title I public schools to experience first-hand the value of higher education. In addition to fun and educational workshops for the children, guests enjoy a holiday spirited luncheon and entertainment, along with an opportunity to make a difference through a fun scholarship fundraising activity.

For ticket information and more details about this event, please click here. For further information, you may contact Mari Vila, Executive Assistant, Advancement Services, at 305-348-2009 or by email at vilame@fiu.edu.
OCTOBER IS NATIONAL DEPRESSION AND DEPRESSION SCREENING MONTH: Globally, an estimated 350 million people of all ages suffer from depression. The Office of Employee Assistance is pleased to publish the 22nd edition of Insights, the bi-monthly faculty and staff newsletter. This month’s topic is about depression and online mental health screenings to aid in early detection, intervention, and treatment. Please click here to read.

WORLD OF WELLNESS: We are now offering the second workshop of our 3-part series in mindfulness. This workshop is intended for individuals who have either attended the first workshop, Exploring Mindfulness, or for individuals who are practicing/have practiced mindfulness or meditation before. The next workshop, Mindful Well-Being at Work will be offered at BBC on Friday, November 18th at noon. Click here to register. Seating is limited. You will receive one hour of professional development credit.

For more information about the Office of Employee Assistance, please visit us at oea.fiu.edu or call 305-348-2469.

Professional Development – Upcoming Learning Opportunities

Fall Training Series:
Sexual Misconduct Training
Thursday, November 17th, 2016
11:30 a.m. – 1:00 p.m. (1.5 professional development credits)
GL 220-MMCC

Click here to register. For additional information regarding these workshops, please contact the office of Equal Opportunity Programs & Diversity at eopd@fiu.edu.

Benefits Update

We are pleased to provide these wellness updates to the FIU community!

PAWS Fall 2016 Wellness Survey - Please take a brief 5 minutes to complete our anonymous PAWS Fall 2016 Wellness and Culture Audit Survey. The results of this survey provide feedback on programs you will be interested in and time offerings that would be best for you. This will allow us to focus our expertise on the areas that need our attention.
National Breast Cancer Awareness Month – October is National Breast Cancer Awareness Month. For ways you can help make a difference in the fight against breast cancer visit the American Cancer Society and get more involved.

Podcast and Newsletter – November’s PAWScast is with guest, Dr. Joseph Lichter, Triple Anvil competitor and fellow HR colleague. Listen as he speaks on how he got into the Iron Man and why his nickname is Joey Bag of Donuts. The PAWScast and newsletter will be released Tuesday, November 1st. You can listen to past PAWScasts for iTunes here and Podcastgarden here. Remember to sign up for our newsletter.

Lunch and Learn: PAWS for Healthy Skin – Save the dates for our next Lunch and Learn with Dr. Mercedes Florez-White from FIU | Health. This month’s topic will focus on skin health and how stress plays a role in its health. Click here to register.

MMC: November 16th, 2016, Noon
BBC: November 18th, 2016, Noon

FIU | Health Update - FIU | Health is the Herbert Wertheim College of Medicine (HWCOM) Faculty Group Practice. The Faculty Group Practice physicians provide primary and specialized patient care anchored by the groundbreaking research and medical education at the HWCOM. For a list of physicians click here. To schedule an appointment call 305-348-3627.

Campus Updates

Click on the links below to learn more about upcoming campus events:

Clyde Butcher Photography Exhibition Opening Reception - On Tuesday, November 1st, The Hubert Library on FIU’s Biscayne Bay Campus will host a photography exhibit by renowned photographer Clyde Butcher.
For more information or to RSVP click here. To view the flyer, click here.

Language Day- Save the Date! The 2nd Annual FIU Language Day will take place Friday, November 18th from 11 a.m. – 2 p.m. throughout Green Library. This is an event for faculty, staff, students and alumni to share and practice their language skills. To register, click here.