Mindful Practices at Work Workshops

Join the Office of Employee Assistance for the **Mindful Practices at Work** workshops. To sign up for the workshops below, please click [here](#).

**Wednesday, October 11th, 12:00 p.m. – 1:00 p.m., GL-322 | MMC**

**Friday, October 13th, 12:00 p.m. – 1:00 p.m., HL-319 | BBC**

**Wednesday, October 25th, 12:00 p.m. – 1:00 p.m., GL-322 | MMC**

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Sign Up Today for the Service Excellence Workshop

The Service Excellence workshops are back for the fall! Brush up on your ‘in-person,’ telephone, and written customer service skills. The workshops will cover:

- FIU’s philosophy on Service Excellence
- Professionalism at work
- Effective service over the telephone
- Managing written correspondence
- Techniques for delivering excellent service, even in difficult situations

**Dates and Times:**

**Thursday, October 12th, 9:00 a.m. – 12:00 p.m., CSC-1144A | MMC**

**Wednesday, October 25th, 1:00 p.m. – 4:00 p.m., CSC-1144A | MMC**

Space is filling up quickly. [Register today!](#)
Join the Office of Equal Opportunity Programs and Diversity for their Fall Training Series. Click here for more information. To register for the workshops below, please click here.

**Animals in the Workplace Training**  
Thursday, October 26th, 11:30 a.m. – 1:00 p.m., GL-220 | MMC

**Dilemmas in Diversity Training**  
Wednesday, November 15th, 12:00 p.m. – 1:30 p.m., GL-220 | MMC

**Sexual Misconduct Training**  
Wednesday, November 29th, 12:30 p.m. – 2:00 p.m., GL-220 | MMC

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**Save the Date for FIU Homecoming!**

It’s time to start dusting off your panther gear because Homecoming is almost here! Join us Saturday, October 28th – Saturday, November 4th for a week of celebrations and exciting events that unite our students, faculty, staff, retirees, alumni, and community. Click here for fun faculty, staff, and retiree events and click here for a complete list of activities. Should you have questions about these Homecoming festivities, please contact Trudy Fernandez, Director of HR Relations at (305) 348-0101.

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**Submit Your Nominations for the Service & Recognition Awards Ceremony**
The Division of Human Resources invites your nomination(s) for the 2018 Service and Recognition Awards Ceremony, where we will honor and recognize FIU’s distinguished faculty and staff members for their achievements and years of service.

To access the site where you can learn more about all award categories and their criteria, nomination process, and/or to submit nominations, please click here. The deadline to submit is Thursday, November 30, 2017.

Join FIU Athletics for the annual FIU Faculty, Staff and Retirees Appreciation Day! The event has been rescheduled for Saturday, September 30th at 7:00 p.m. in Riccardo Silva Stadium. FIU Faculty, Staff, & Retirees can purchase up to four tickets for only $1.00 per ticket. Be sure to bring your blue and gold Panther Spirit as we support our student-athletes! Click here to purchase your tickets. Click on the “SPECIAL OFFERS” tab and enter code “PANTHERS” in the designated box. All online tickets will be held at Will Call. A valid FIU OneCard must be presented at the time of ticket pick up. Please note, if you already purchased tickets, but never picked them up, we have already exchanged those for the new game on the 30th. Your tickets are now ready at Will Call. If you did pick up your tickets, please contact FIU Athletics to exchange your tickets. For more information, please call FIU Athletics at 305-FIU-GAME.

This football season, join us for Panther Fan Tailgates taking place in the Parkview Multipurpose Room, 2.5 hours prior to kick-off for each FIU Football home game!

Guests will enjoy unlimited food and beverages, in addition to pre-game activities including the all new Panther Walk featuring Roary, the FIU Marching Band, and the Panther Spirit Squads. Guests can also enjoy the newly created Panther Fun Zone featuring interactive stations such as a Fun Slide, Rascal Challenge Obstacle Course, QB Blitz, Bounce House and more.

To register, visit FIUalumni.com/football.
Sign Up Today for the PAWS Physical Screening – Registration has re-opened for the Wellness Journey ’17 challenge! Participants may register individually or as a team. Click here for the participant packet and for information on how to register and create your profile. We will also be offering free health screenings, courtesy of Baptist Health! Screenings will include glucose and cholesterol testing with confidential results being maintained. To register, please click here. Get excited for this year’s Wellness Journey! For more information, please contact Nathan Burandt, Wellness Manager, at pawswellness@fiu.edu.

PAWScast: New Season Out Now! – The first PAWScast is out for a new season! The series is all new with hosts Nathan Burandt and Giselle Heraux! Listen to “Stories from the Scrubs” and learn why it’s so important to get your physicals.

Lunchtime Workshops – Sign up today for September’s Lunchtime Workshops! PAWS presents “Don’t Panic! How to Use Yoga to Survive the College Experience.” Join Bonnie Quiceno, a yoga instructor at FIU, speaker, and author, as she shares innovative ways to get more yoga into your life, even if you’re ‘strapped’ to your desk all day! Click here to sign up for the workshops below.

- Monday, September 25th, 12:00 p.m. – 12:50 p.m., GC-243 | MMC
- Tuesday, September 26th, 12:00 p.m. – 12:50 p.m., HL-319 | BBC

Consortium Connection September Newsletter – This month’s edition of the Consortium Connection newsletter is here! Click here to discover a calendar of events, and understand how to get and stay at a healthy weight. Enjoy!

Employee Benefits

Address Review & Update Reminder – The Division of Human Resources’ Benefits Administration Department brings you this important update concerning your mailing address. In order to receive communication materials regarding your State-Sponsored Benefits, it is very important to keep your address on record up to date in our PantherSoft System. If you have experienced any changes in address, please update your information on file immediately.
The address verification process in the People First system began on August 1, 2017. This annual process is necessary to ensure your current contact information is accurate within the State of Florida’s People First portal. Click here for more information.

**Optional Life Insurance Premium Change** – The Benefits Administration Department brings you this important update concerning your Optional Life Insurance premiums, provided through Minnesota Life. The Optional Life Insurance premiums are calculated based on your age and salary. When you have a birthday reflecting a milestone age in five-year increments (ex: 45, 50, 55, etc.) and/or when your salary increases, the Optional Life Insurance plan premium will increase as well. For more information, please click here.

**FSA and HSA Advantage Accounts** – Great News! “Live Chat” now available for your FSA and HSA Advantage with Chard Snyder. For more information, please click here.

**NEW Perks!** – The Division of Human Resources is excited to present to you FIU’s fantastic perks! Discover NEW savings on restaurants, housing, car rentals, entertainment, and more here.

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**The Next Step: FIU Online Open House**

Make a change for the better with a graduate degree from FIU Online. As an FIU staff member, you can take advantage of the tuition waiver, apply for FIU Online scholarships, and begin your graduate program as soon as next term! Increase your possibilities, pursue more, and achieve your goals – come learn about FIU Online’s programs and enrich your path with one of the top online programs in the nation. Join us at our Open House:

**Thursday, September 28th**, 6:00 p.m. – 8:00 p.m. | MMC  
**Saturday, September 30th**, 10:00 a.m. – 12:00 p.m. | FIU at I-75

Don’t have anyone to watch the kids? Bring them along! For more information or to RSVP, please click here.

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**Sign up today for the English Language Institute Classes!**

Sign up today for the English Language Institute’s Accent Reduction, Practical Conversation, and Advanced Grammar classes! **Classes start in October.** Classes will be offered:

- **Mondays and Wednesdays**, 7:00 p.m. – 9:30 p.m.  
- **Tuesdays and Thursdays**, 7:00 p.m. – 9:30 p.m.  
- **Saturdays**, 9:00 a.m. – 2:00 p.m.
Registration is now open for the October term! Classes will be offered at $249.00 per course, 50% off the regular price! This price is available to FIU employees only. All benefit earning employees have the option to use payroll deduction to pay for classes! Please bring your FIU OneCard when registering for any of these courses. For more information, please click here, or call the English Language Institute at (305) 348-2222.

College of Arts, Sciences & Education Mini Camps

Need a place for your children to go during Teacher Planning Days? The College of Arts, Sciences & Education is sponsoring mini-camp enrichment workshops for youths ages 5 and up. For more information, please click here. Should you have any questions, please contact Ana Jimenez at (305) 348-6545 or email summercamp@fiu.edu.

Support the Urban Vegetable Project

Take a step towards healthier eating and support local farmers! The Urban Vegetable Project (UVP) is a collaborative endeavor aimed at teaching underserved students the science, business, and art of sustainable farming practices, while providing locally grown food to the Miami community. After a successful spring season, UVP is bringing back its Community-Supported Agriculture (CSA) program, where community members pay a season subscription fee and receive a weekly box of vegetables harvested from UVP’s urban farm. The veggies offered include tomatoes, leafy greens, eggplants, carrots, squash, and cucumbers. Pick up locations are located close to FIU’s MMC and BBC. If you are interested, please email urbanvegetableproject@gmail.com. For more information, please click here.

To provide feedback on this newsletter, please contact us at hradmin@fiu.edu