AFSCME PEP Trainings Available for MMC & BBC! Sign up Today

AFSCME PEP Trainings are designed to assist AFSCME staff with the Performance Evaluation Process using PatherSoft’s ePerformance system. Some topics that will be covered in the training include:

- The importance of performance evaluations
- How to begin your self-evaluation
- How to have the conversation with your manager
- Tips for completing the process

**Dates and Times:**
- English/Creole Session: Tuesday, July 18th, 10:00 a.m. – 12:00 p.m., HL-319 | BBC
- Spanish Session: Tuesday, July 18th, 1:30 p.m. – 3:30 p.m., CSC-1144A | MMC
- English Session: Monday, July 24th, 10:00 a.m. – 12:00 p.m., CSC-1144A | MMC

Register Today!

**Sign Up Today for the Performance Management Workshops**

Performance Management Workshops are designed to provide managers with the necessary skills to conduct meaningful performance reviews. Participants will learn:

- How to structure the performance review meeting
- What to say during the performance conversation
• How to provide meaningful feedback (positive and constructive)
• Practice delivering the feedback in a safe environment

**Dates and Times:**
Thursday, July 20\(^{th}\), 1:00 p.m. – 3:30 p.m., CSC-1144A | MMC
Tuesday, August 8\(^{th}\), 9:00 a.m. – 11:30 a.m., CSC-1144A | MMC
Wednesday, August 23\(^{rd}\), 9:00 a.m. – 11:30 a.m., CSC-1144A | MMC

Space is filling up quickly. [Register Today!](#)

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**EOPD Summer Training Series**

Join the Office of Equal Opportunity Programs & Diversity for their Summer Training Series! To sign up for the workshops below, please click [here](#).

**Animals in the Workplace Training**
Wednesday, July 19\(^{th}\), 11:00 a.m. – 12:30 p.m., GL-220 | MMC

**The Dilemmas of Diversity: Dealing with Difference**
Wednesday, July 26\(^{th}\), 12:00 p.m. – 1:30 p.m., GL-220 | MMC

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**PAWS: Holistic Wellness Workshops** – Join our Benefits and Wellness Manager, Nathan Burandt, and our Director of the Office of Employee Assistance, Isabel Alfonsin Vittoria, for the PAWS: Holistic Wellness workshops! Listen as they present on complete wellness and how to integrate it into your life. Click [here](#) to sign up for the workshops below.

*Tuesday, July 25\(^{th}\), 12:00 p.m. – 1:00 p.m., GC-243 | MMC*
*Wednesday, July 26\(^{th}\), 12:00 p.m. – 1:00 p.m., HL-319 | BBC*
**PAWScast Submissions** – Our first podcast of the academic year could feature you! Have a funny doctor’s story or health screen experience you’d like to share? Email us for a chance to be featured in the first PAWScast of the school year! Submissions should be no longer than five sentences. You can send anonymously or include your initials. Please send all stories to pawswellness@fiu.edu.

**State Wellness Wire** – This month’s issue of The Wellness Wire is now available! In this issue, explore a calendar of events, learn about staying hydrated during these hot summer months, and understand how to avoid poisonous plants. Enjoy!

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**Employee Benefits**

**Employee Perks**

**Say Goodbye to Unnecessary ER Visits** – Make ER waits a thing of the past. Of course, it’s second nature for many of us to hit the emergency room (ER) if we’re suddenly sick or injured. But what if you have an urgent, but non-life-threatening medical issue, like a broken arm or ankle sprain? A hefty ER wait time, and an even heftier hospital bill, might not be your best option. In fact, quicker, more affordable and convenient treatment is closer than you think: your local urgent care center. To learn more about your options, please click here.

**Summer Perks** – This summer, discover savings on housing, car rentals, entertainment, and more. Click here for a complete list of the vendor perks and benefits.

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The FIU Faculty, Staff, and Retiree Art Exhibition is an opportunity for our Panthers to share their passion art projects with the greater university community and celebrate often unseen talent. Join us Tuesday, August 22nd at The Patricia & Phillip Frost Art Museum as we celebrate the 5th anniversary of this annual tradition. We invite our faculty, staff, retiree, and alumni artists to showcase their original artwork. For more information, or to register, please click here. **Registration ends Friday, August 4th.** Should you have any questions, please contact Trudy Fernandez, Director of HR Relations at 305-348-0101.
FIU Staff: Get started with your online bachelor’s or master’s degree using your tuition waiver!

Have you been thinking about earning your degree? With FIU Online, you CAN make it happen! Balance life, work, and family while earning your degree. There is no better time than now to pursue your dreams and make them a reality. Take advantage of your tuition waiver and apply for scholarships offered by FIU Online. Explore our online programs here. For more information, please contact us at 305-348-3125 or onlineprograms@fiu.edu.

To provide feedback on this newsletter, please contact us at hradmin@fiu.edu