

July 31, 2017

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EOPD Summer Training



Only one workshop left for the Office of Equal Opportunity Programs & Diversity's Summer Training Series! Click [here](#) to register for the workshop below. Register today, space is filling up quickly!

The Dilemmas of Diversity: Dealing with Difference
Wednesday, August 2nd, 11:00 a.m. – 12:30 p.m., GL-220 | MMC



The FIU Faculty, Staff, and Retiree Art Exhibition is an opportunity for our Panthers to share their passion art projects with the greater university community and celebrate often unseen talent. Join us Tuesday, August 22nd at The Patricia & Phillip Frost Art Museum as we celebrate the 5th anniversary of this annual tradition. We invite our faculty, staff, retiree, and alumni artists to showcase their original artwork. For more information, or to register, please click [here](#). Registration ends Friday, August 11th. Should you have any questions, please contact Trudy Fernandez, Director of HR Relations at 305-348-0101.

Sign Up Today for the Performance Management Workshops



Performance Management Workshops are designed to provide managers with the necessary skills to conduct meaningful performance reviews. Participants will learn:

- How to structure the performance review meeting
- What to say during the performance conversation
- How to provide meaningful feedback (positive and constructive)
- Practice delivering the feedback in a safe environment

Dates and Times:

Tuesday, August 8th, 9:00 a.m. – 11:30 a.m., CSC-1144A | MMC

Wednesday, August 23rd, 9:00 a.m. – 11:30 a.m., CSC-1144A | MMC

Space is filling up quickly. [Register Today!](#)

Mindful Practices at Work Workshops



Join the Office of Employee Assistance for their Mindful Practices at Work workshops. To sign up for the workshops below, please click [here](#).

Wednesday, August 2nd, 12:00 p.m. – 1:00 p.m., GL-482 | MMC

Friday, August 4th, 12:00 p.m. – 1:00 p.m., HL-319 | BBC

Wednesday, August 16th, 12:00 p.m. – 1:00 p.m., GL-482 | MMC

Friday, September 1st, 12:00 p.m. – 1:00 p.m., HL-319 | BBC

Wednesday, September 6th, 12:00 p.m. – 1:00 p.m., GL-482 | MMC

Wednesday, September 20th, 12:00 p.m. – 1:00 p.m., GL-482 | MMC

Compassion in the Workplace Workshop



Join the Office of Employee Assistance for the Compassion in the Workplace workshop on Friday, August 18th from 12:00 p.m. – 1:00 p.m. in GL-210 | MMC. Learn how to practice compassion to combat personal and occupational stress, and how to have meaningful social relations among co-workers and management. To register for the workshop, please click [here](#).



PAWScast Submissions – Our first podcast of the academic year could feature you! Have a **funny** doctor's story or health screen experience you'd like to share? Email us for a chance to be featured in the first PAWScast of the school year! Submissions should be no longer than five sentences. You can send anonymously or include your initials. Please send all stories to pawswellness@fiu.edu.

Employee Benefits



Employee Perks

Say Goodbye to Unnecessary ER Visits – Make ER waits a thing of the past. Of course, it's second nature for many of us to hit the emergency room (ER) if we're suddenly sick or

injured. But what if you have an urgent, but non-life-threatening medical issue, like a broken arm or ankle sprain? A hefty ER wait time, and an even heftier hospital bill, might not be your best option. In fact, quicker, more affordable and convenient treatment is closer than you think: your local urgent care center. To learn more about your options, please click [here](#).

Summer Perks – This summer, discover savings on housing, car rentals, entertainment, and more. Click [here](#) for a complete list of the vendor perks and benefits.



It's been said that you are always one decision away from a totally different life. Make the choice to cultivate your future and make the commitment to move to the next level with a degree from FIU. With over 40 fully online degrees, FIU Online can help you make it happen. As an FIU staff member, you can take advantage of the employee tuition waiver and also apply for FIU Online scholarships. Explore our online programs [here](#). For more information, please contact us at 305-348-3125 or onlineprograms@fiu.edu.

To provide feedback on this newsletter, please contact us at hadmin@fiu.edu

