

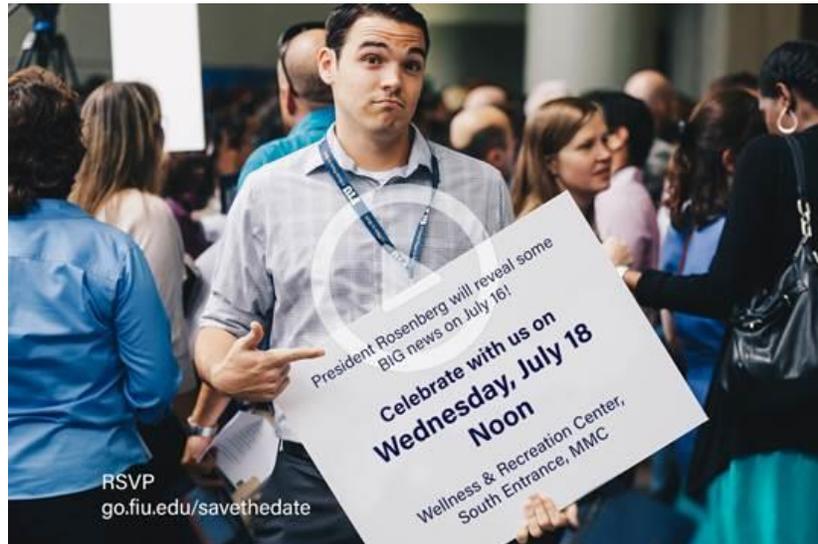
June 29, 2018

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**Stay Tuned for some BIG News!**



Stay tuned! President Rosenberg will reveal some BIG news on July 16<sup>th</sup>! [RSVP here](#) to celebrate with us on Wednesday, July 18<sup>th</sup>. Click on the image above to view a quick video.



It's time to start dusting off your Panther gear because Homecoming Week is coming soon! Join us Saturday, October 6<sup>th</sup> – October 13<sup>th</sup> for a week of celebrations and exciting events that unite our students, faculty, staff, retirees, alumni, and community! [Click here](#) for a list of fun events and activities that will have you Unleashing the Spirit!

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## Employee Benefits



9 over 12 month Deferred Earning Program (DEP) Enrollment Period – The 9 over 12 Deferred Earning Program (DEP) provides 9-month faculty an alternative option to receive payment of their salary over a 12-month period. This method of payment is available on an optional basis only and authorization is required from the faculty member. All 9-month faculty members will have the opportunity to select this payment option, or to dis-enroll, during the 9 over 12 Deferred Earning Program (DEP). Enrollment period ends August 17<sup>th</sup>. For more information, please [click here](#).

Dependent Eligibility Verification Audit (Final Reminder) – The [Dependent Eligibility Verification Audit for employees of all state universities](#) has ended as of June 21<sup>st</sup>. For faculty and staff who did not submit documentation to HMS by the June 21<sup>st</sup> deadline, you may submit documents directly to DSGI via fax to (850) 488-0252, or email [DSGIQAteam@dms.myflorida.com](mailto:DSGIQAteam@dms.myflorida.com). For more information, please visit the state's frequently asked questions website or email [DSGIQAteam@dms.myflorida.com](mailto:DSGIQAteam@dms.myflorida.com) directly.

Summer Perks – This summer, discover savings on housing, car rentals, entertainment, and more. [Click here](#) for a complete list of perks.

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### Sign up Today for the Service Excellence Workshops



The Service Excellence Workshops are back! Brush up on your “in-person” telephone, and written customer service skills. The workshops will cover:

- FIU's philosophy on Service Excellence
- **Professionalism at work**
- **Effective service over the telephone**
- **Managing written correspondence**
- **Techniques for delivering excellent service, even in difficult situations**

#### Dates and Times:

Thursday, July 12<sup>th</sup>, 9:00 a.m. – 12:00 p.m., CSC-1144A

Wednesday, July 25<sup>th</sup>, 1:00 p.m. – 4:00 p.m., CSC-1144A

Tuesday, August 7<sup>th</sup>, 9:00 a.m. – 12:00 p.m., CSC-1144A

Wednesday, August 22<sup>nd</sup>, 1:00 p.m. – 4:00 p.m., CSC-1144A

[Register Today!](#)



Experts recommend mindfulness for everything from maximizing workouts to managing anxiety. Mindfulness can be a good way for someone to begin exploration of meditation, as it does not require that you completely “clear” the mind. With long-term practice, you can learn to dis-identify with your thoughts and worries and find a more consistent sense of peace. Join the Office of Employee Assistance for the Mindful Well-Being at Work practice sessions. [Click here](#) to register for the sessions below.

Wednesday, July 11th, 12:00 p.m. – 1:00 p.m., GL-482 | MMC

Tuesday, July 24th, 12:00 p.m. – 1:00 p.m., GL-482 | MMC

Wednesday, July 25th, 12:00 p.m. – 1:00 p.m., CSC-1123 | MMC

Wednesday, August 29th, 12:00 p.m. – 1:00 p.m., CSC-1123 | MMC

### June is Men’s Health Awareness Month



Mental health is inseparable from physical health. Numerous researchers have recently stated that there is a silent crisis in men’s mental health. According to the Center for Disease Control’s National Health Survey (2015), nearly 9% of men had daily feelings of anxiety or depression. At FIU, the Office of Employee Assistance wants to encourage male faculty or staff to seek help by calling (305) 348-2469 or email [oea@fiu.edu](mailto:oea@fiu.edu). For more information on mental health, please [click here](#). Help is within reach.



Have you ever encountered a student you were concerned about but did not know what resources to share with them? There is a place on campus that can help! Mental health is just as important as physical health and a big component for student success, retention, and graduation. The Counseling and Psychological Services and the Victim Empowerment Program offer free and confidential help for students struggling with depression, anxiety, body image issues, and much more. As a staff member, you are in a privileged position to make an impact in the life of one of our Panthers. For more information, please contact The Counseling and Psychological Services at (305) 348-2277 at MMC, or (305) 919-5305 at BBC or visit their website at [caps.fiu.edu](http://caps.fiu.edu). If you are in need of similar services, please contact the Office of Employee Assistance at [oea@fiu.edu](mailto:oea@fiu.edu).

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[Click here to like us on Facebook!](#)

**PAWS End of Year Survey** – Panthers Active Wellness Service's (PAWS) programs are designed with you in mind. As we design the next phases of our Worlds Ahead program, we want to hear from you! We welcome your thoughts and suggestions to help make this program beneficial for your well-being. After all, you are a key focus of our efforts to have an employee wellness program. Please take ten (10) minutes to complete the [PAWS End of Year Survey](#) Should you have any questions, please contact Nathan Burandt, Wellness Manager, at [pawswellness@fiu.edu](mailto:pawswellness@fiu.edu).

**Check. Change. Control.™ Blood Pressure Program** – High blood pressure is mostly a symptomless condition, which is why it's called the "silent killer." The first step in combating this is to know your numbers and **monitor on a regular basis. This is why PAWS is proud to offer Check. Change. Control.™** Enrollment for Check. Change. Control.™ is now available! Sign up at the CCC Home Page! Our 5 digit (alpha numeric) Campaign Code is BAPT5. You may connect to the PAWS volunteer account, FIU PAWS Wellness or F805DE4F62A7, once you are logged in. Once you have connected you may contact [pawswellness@fiu.edu](mailto:pawswellness@fiu.edu) for a free blood pressure machine. We will be livestreaming our next lecture with Baptist Health and the American Heart Association, or Facebook live on July 11<sup>th</sup> and July 25<sup>th</sup>. If you have any questions, contact us at [pawswellness@fiu.edu](mailto:pawswellness@fiu.edu).

**NEW! PAWSCast** – The summer is officially here! Get ready for the summer with tips and tricks from Nathan and Giselle. [Click here](#) to listen. Enjoy!

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## Policy Timeline



Once policy drafts submitted to the University Compliance and Integrity Office have been reviewed by the policy owner, stake holders and the Office of the General Counsel they will be published as policy drafts for 14 days in the Policies and Procedures Library for review and comment by the university community. If requested, a presentation related to the policy draft will be conducted at the appropriate policy review committee (Dean Advisory Council and/or Operations Committee) for clarification and discussion of the policy draft. Afterwards the university president may also be asked to review the policy draft. Once review is complete, the policy draft will be posted in the FIU Policies and Procedures Library. For more information on the Policy Timeline, please [click here](#).

The online repository of FIU policies and procedures can be found in the FIU Policy and Procedure Library located at [policies.fiu.edu](http://policies.fiu.edu), and FIU regulations at [regulations.fiu.edu](http://regulations.fiu.edu). If you have any questions regarding FIU Regulations, please contact the Office of General Counsel.



FIU is the place you go when you want the power to do. It's the place for engineering, and the next cyber gadget. It's where **you gain the ability to calm that special needs child that no one can reach, and the place that will help you quell every pregnant mother's Zika virus fears.** This is only a small fraction of what you can learn with FIU's online programs. FIU Online graduate degrees can be completed 100% online. We're not stopping. We're adding more degrees every semester. When you think about where you are and where you will be, the **choice is clear. Be online with FIU Online. Explore our online programs [here](#). For more information, call FIU Online at (305) 348-3125 or email [onlineprograms@fiu.edu](mailto:onlineprograms@fiu.edu).**

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## The College of Arts, Sciences & Education Camps at MMC



Searching for a fun, adventurous, and exciting camp for kids during the summer? Look no further! The College of Arts, Sciences & Education at MMC is sponsoring enrichment workshops for youth ages 5 and up. For more information or to register online, please [click here](#). Should you have any questions, please contact Ana Jimenez at (305) 348-6545 or email [summercamp@fiu.edu](mailto:summercamp@fiu.edu).

**Forensic Science/CSI Camp – July 23<sup>rd</sup> – July 27<sup>th</sup>** – Learn about crime scene investigation, detection and interpretation of fingerprints, forensic anthropology, and much more! Youth are invited to engage in a one-week hands-on, in-depth experience led by forensic scientists and CSI experts. The camp will run July 23<sup>rd</sup> – July 27<sup>th</sup> from 8:00 a.m. – 5:00 p.m. Registration fee is \$750.00 and includes meals and activities. To register, and for more information, please contact Ana Jimenez at [summercamp@fiu.edu](mailto:summercamp@fiu.edu) or (305) 348-6545.

**Panther Music Camp – July 30<sup>th</sup> – August 10<sup>th</sup>** – Sing Out! String Out! FIU Music at The Wertheim and the College of Arts, Sciences & Education has designed a collaborative enrichment program for youth ages 7 – 16 where students can Sing Out! or String Out! During summer camp. The enrichment experience includes exercises to enhance musicianship, live Orchestra performances, All-State preparation, and master classes by renowned FIU Faculty. The camp will run from July 30<sup>th</sup> – August 10<sup>th</sup> from 8:00 a.m. – 6:00 p.m. Registration fee for Sing Out! Session, 1-week \$250.00/2-weeks \$470.00, and registration for String Out! Session, 2-week camp \$470.00. To register and for more information, please contact Ana Jimenez at [summercamp@fiu.edu](mailto:summercamp@fiu.edu) or (305) 348-6545.

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### Panther Adventure Recreation Camp



As proud Golden Panthers, you can begin fostering that same Panther pride in your child this summer at FIU's first Panther Adventure Camp. Housed inside the newly renovated Wellness & Recreation Center at MMC, Panther Adventure Camp is a mix of fun and educational activities aimed at improving kids' well-being, promoting creativity, community, and health and wellness through recreation and outdoor adventures. Some of the activities planned for campers include:

- Field Games
- Archery
- Aquatics
- Group Games
- Nature Hikes
- Arts & Crafts
- Outdoor Education
- STEM and more

For more information, please [click here](#). Should you have any questions, please contact Arleen Rodriguez at [arlodri@fiu.edu](mailto:arlodri@fiu.edu).



Congratulations to the Division of IT for their Prudential Productivity Award (PPA)! Each year, the PPA, a statewide award, honors organizations and institutions that have implemented projects that improve productivity, value, or service to the State of Florida. The Division of IT was recognized for their AV integration services that have been implemented throughout all FIU campuses. Congratulations to the Division of IT!

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To provide feedback on this newsletter, please contact us at [hadmin@fiu.edu](mailto:hadmin@fiu.edu)