June 29, 2020

Stay up-to-date with the latest FIU COVID-19 Updates at [www.fiu.edu/coronavirus](http://www.fiu.edu/coronavirus).

**FAMILIES FIRST CORONAVIRUS RESPONSE ACT (FFCRA)**

The Families First Coronavirus Response Act (FFCRA) is now in effect until Thursday, December 31, 2020.

You may qualify for emergency sick time under the FFCRA if you are unable to work or telework due to a number of scenarios related to COVID-19 which include:

- Subject to a federal, state, or local quarantine or isolation order related to COVID-19
- Have been advised by a health care provider to self-quarantine related to COVID-19
- Experiencing COVID-19 symptoms and is seeking a medical diagnosis;
- Caring for an individual subject to an order described in (1) or self-quarantine as described in (2)
- Caring for a child whose school or place of care is closed (or child care provider is unavailable) for reasons related to COVID-19
- Experiencing any other substantially-similar condition specified by the Secretary of Health and Human Services, in consultation with the Secretaries of Labor and Treasury.

Learn more information and how you can apply for this program today.

Questions? Contact [Benefits Administration](#) at 305-348-2181.

**HEALTH AND WELL-BEING**

Join the Office of Employee Assistance (OEA) for the following sessions:

- Mental Health Matters
  - Tuesday, June 30
- Mindfulness in Togetherness Meditation
  - Wednesday, July 1 (10am - 11am)
  - Wednesday, July 8
- Mental Health Matters Part 2
  - Wednesday, July 8
  - Thursday, July 9
- Mindful Practices at Work
  - Wednesday, July 8

Lunchbox Panthers - This professionally-led support group will focus on strategies for better communication, connection and advocacy for the common good during the challenges we are facing during these present times. This support group will last 8 weeks. Join us for the first session on Tuesday, July 7.

All sessions are from 12 - 1pm unless otherwise noted. Register for these sessions today at [profdev.fiu.edu](http://profdev.fiu.edu).

Questions? Contact the [OEA](#) at 305-348-2469.

**NEXT IS NOW SPOTLIGHT**

Looking for professional development opportunities? Check out this week's Next is Now Professional Development Spotlight. Courses are available via LinkedIn Learning.

Don't forget to visit our website for additional Next is Now recommended courses.

Questions? Contact [Talent Acquisition and Management](#) at 305-348-3206.

**MASTER OF SCIENCE IN MASS COMMUNICATIONS**

Whether you're interested in a career in advertising, public relations, international business, or digital media, FIU's fully online Global Strategic Communications (GSC) is for you.

This program will give you a global perspective in strategic communications and prepares graduates to be socially responsible leaders and innovators at the highest levels of corporate, government and non-profit organizations.

Applications are now being accepted for fall 2020 and spring 2021. [Apply today!](#)

Questions? Contact gsc@fiu.edu.
Take advantage of these savings! Check out new discounts and promotions that include:

- Juiced Systems
- University Credit Union
- Custom Neon
- Zoo Miami

Questions? Contact Benefits Administration at 305-348-2181.

Don’t forget to visit the FIU Calendar on a regular basis for upcoming events to include but not limited to:

- Frost Art Museum Curator Chat
- 305CafecitoChat
- Parent Club
- FIU School of Music

Have a virtual event you’d like to share? Fill out the event submission form for your event to be featured on the calendar.

Questions? Contact calendar@fiu.edu.

Did you know that you can connect with our Office of Employee Assistance (OEA) team through your laptop, iPad, or cell phone via Zoom Telehealth, a secure, HIPAA-protected platform?

The OEA continues to support faculty and staff with a range of presenting concerns including, but not limited to: work-life balance, stress, coping with the pandemic, parent-child stress whether your children are young adults, teens, tween, or toddlers, grief, and relationship concerns.

For more information about our team, visit oea.fiu.edu.

Questions? Contact the OEA at 305-348-2469.